
Individual Meet Results
2010 Speedo Champions Series Western Region 10-Mar-10 to 14-Mar-10 Yards
Sanction: 1003-WRSC Location: Weverhaeuser King County Aquatic Center

Time	F/P/S	Event		Place	Points	Improv
Nicolette Hansen (18) W						
2:06.85Y	P # 9	Women Senior 200 Back	WFFM-UT	68	---	-1.10
4:35.72Y	P # 17	Women Senior 400 IM	WFFM-UT	54	---	-5.06
1:57.68Y	F # 19	800 Free Relay Lead Off	WFFM-UT	---	---	-0.59
1:00.92Y	P # 21	Women Senior 100 Back	WFFM-UT	119	---	1.27
5:11.31Y	P # 23	Women Senior 500 Free	WFFM-UT	78	---	-4.66
2:13.51Y	P # 31	Women Senior 200 IM	WFFM-UT	101	---	1.23
Alexis Juergens (16) W						
25.48Y	F # 3	200 Free Relay Lead Off	WFFM-UT	---	---	0.11
2:12.18Y	P # 11	Women Senior 200 Fly	WFFM-UT	65	---	-0.36
58.57Y	P # 27	Women Senior 100 Fly	WFFM-UT	72	---	-0.59
Winifred Lau (17) W						
54.43Y	P # 5	Women Senior 100 Free	WFFM-UT	131	---	0.96
2:05.39Y	F # 11	Women Senior 200 Fly	WFFM-UT	19	---	-1.94
2:06.82Y	P # 11	Women Senior 200 Fly	WFFM-UT	24	---	-0.51
57.85Y	P # 27	Women Senior 100 Fly	WFFM-UT	43	---	-0.02
25.63Y	P # 35	Women Senior 50 Free	WFFM-UT	132	---	0.36
Travis Norseth (16) M						
49.95Y	P # 6	Men Senior 100 Free	WFFM-UT	136	---	-0.16
1:54.27Y	F # 12	Men Senior 200 Fly	WFFM-UT	18	---	-3.29
1:55.44Y	P # 12	Men Senior 200 Fly	WFFM-UT	18	---	-2.12
1:44.39Y	P # 16	Men Senior 200 Free	WFFM-UT	45	---	-1.90
55.06Y	P # 22	Men Senior 100 Back	WFFM-UT	96	---	-0.52
52.82Y	P # 28	Men Senior 100 Fly	WFFM-UT	60	---	-1.94
22.94Y	P # 36	Men Senior 50 Free	WFFM-UT	121	---	-0.24
Alexsa Savage (17) W						
54.02Y	P # 5	Women Senior 100 Free	WFFM-UT	109	---	1.01
2:04.57Y	P # 9	Women Senior 200 Back	WFFM-UT	39	---	-0.12
1:56.77Y	P # 15	Women Senior 200 Free	WFFM-UT	99	---	0.87
58.68Y	P # 21	Women Senior 100 Back	WFFM-UT	48	---	0.55
54.12Y	F # 29	400 Free Relay Lead Off	WFFM-UT	---	---	1.11
25.12Y	P # 35	Women Senior 50 Free	WFFM-UT	88	---	0.68
Scott Sorensen (16) M						
2:14.83Y	P # 8	Men Senior 200 Breast	WFFM-UT	61	---	-3.40
1:58.03Y	P # 10	Men Senior 200 Back	WFFM-UT	65	---	1.23
4:17.26Y	P # 18	Men Senior 400 IM	WFFM-UT	57	---	3.52
54.51Y	P # 22	Men Senior 100 Back	WFFM-UT	76	---	-0.75
1:03.52Y	P # 26	Men Senior 100 Breast	WFFM-UT	101	---	-0.36
1:56.85Y	T # 409	Mixed Senior 200 Back	WFFM-UT	1	---	0.05
Matthew Swallow (17) M						
48.98Y	P # 6	Men Senior 100 Free	WFFM-UT	90	---	0.35
2:07.28Y	P # 8	Men Senior 200 Breast	WFFM-UT	13	---	0.27
2:08.63Y	F # 8	Men Senior 200 Breast	WFFM-UT	16	1	1.62
4:14.77Y	P # 18	Men Senior 400 IM	WFFM-UT	48	---	0.29
56.92Y	F # 26	Men Senior 100 Breast	WFFM-UT	4	15	-0.74
57.91Y	P # 26	Men Senior 100 Breast	WFFM-UT	7	---	0.25

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1:56.55Y	F # 32	Men Senior 200 IM	WFFM-UT	27	---	-1.86
1:58.25Y	P # 32	Men Senior 200 IM	WFFM-UT	39	---	-0.16
22.14Y	P # 36	Men Senior 50 Free	WFFM-UT	59	---	0.04
Shawn Western (16) M						
9:44.74Y	F # 2	Men Senior 1000 Free	UNATT-UT	26	---	-26.56
51.58Y	P # 6	Men Senior 100 Free	UNATT-UT	162	---	-0.91
1:57.05Y	P # 10	Men Senior 200 Back	UNATT-UT	55	---	0.63
1:46.80Y	P # 16	Men Senior 200 Free	UNATT-UT	94	---	-0.65
55.43Y	P # 22	Men Senior 100 Back	UNATT-UT	112	---	-1.15
4:40.19Y	F # 24	Men Senior 500 Free	UNATT-UT	21	---	-6.27
4:40.83Y	P # 24	Men Senior 500 Free	UNATT-UT	26	---	-5.63
NS	T # 409	Mixed Senior 200 Back	UNATT-UT	---	---	---